

Chef Angela's Avocado/Black Bean/Quinoa Salad

INGREDIENTS:

1 cup cooked quinoa (or grain of choice)

1 avocado, mashed

1/4 cup finely diced red onion

1/2 cup chopped cilantro

2 TBS lime juice

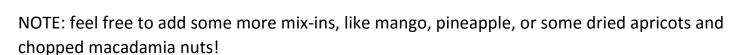
1 tsp cumin

salt & pepper to taste

2 TBS honey or agave

1 can (14 oz) drained and rinsed black beans (chickpeas work well for this too!)

3/4 cup diced strawberries



DIRECTIONS:

- Mix first 8 ingredients (quinoa-sweetener) together very well, mashing everything together with the back of your fork if need be.
- Stir in beans and berries, stuff into avocado halves or pile high on a bed of greens!

