

Eat Your Heart Out Edibles ♥

Personal Chef Service and Made-to-Order Bakery

"Eat Hearty Without the Headache!"



Chef Angela's Cucumber Mint Salsa

Yield: about three cups

INGREDIENTS:

2 cups peeled diced cucumber (I use English cucumbers because they last longer in the fridge, and no need to peel them!)

1/2 cup finely chopped sweet onion

1/4 cup chopped fresh cilantro

1/4 cup fresh mint, chopped

1 finely diced jalapeno (seeds removed, or if you are cray-cray, leave the seeds in for some real added heat!)

Juice from one lime

1 TBSP Canola Oil

Drizzle of honey or agave

Salt and Pepper to taste

About 1/2 cup toasted coconut - optional



DIRECTIONS:

- ♥ Add all ingredients to a large bowl and stir together to mix flavors.
- ♥ Chill until ready to serve.

Compliments of Eat Your Heart Out Edibles

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